# **ROCKY MOUNTAIN SPOTTED FEVER**

Rocky Mountain spotted fever is a rickettsial disease caused by *Rickettsia rickettsii*. The disease is characterized by fever, headache, and myalgia, followed in three to five days by a maculopapular rash on the extremities that includes the soles of the feet and palms of the hands. The rash spreads to the rest of the body. Humans contract the disease most commonly from the bite of an infected tick or by contamination of the skin with tissue or feces from an infected tick. The tick must be attached for feeding for 4-6 hours. In Kentucky the American dog tick, *Dermacentor variabilis*, is the most common vector.

## **Laboratory Criteria for Confirmation:**

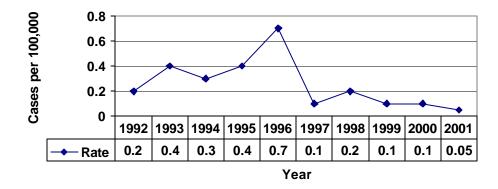
- ?? Isolation of R. rickettsii from a clinical specimen (rarely performed), **OR**
- ?? Demonstration of positive immunofluorescence in tissue biopsy, **OR**
- ?? Fourfold or greater change in antibody titer to *R. rickettsii* antigen by immunofluorescent antibody (IFA), compliment fixation (CF), latex agglutination (LA), microagglutination (MA), or indirect hemagglutination (IHA) test in acute and convalescent specimens ideally taken three weeks or more apart, **OR**
- ?? Positive polymerase chain reaction (PCR) assay to R. rickettsii.

#### **Case Classification**

Confirmed: A clinically compatible case that is laboratory confirmed.

*Probable:* A clinically compatible case with 1) a single positive antibody titer by IFA (? 1:64 if IgG); or 2) a single CF titer ?1:16; or 3) a single titer ? 1:128 by a latex agglutination, indirect hemagglutination antibody, or microagglutination test; or 4) a fourfold rise in titer or a single titer > 1:320, by Proteus OX-19 or OX-2 test.

## Rocky Mountain Spotted Fever Incidence Kentucky, 1992-2001



# **Epidemiology**

Kentucky	2001	Rate per 100,000	U.S. Rate (2000) per 100,000
Cases	2	0.05	0.18

### 2001

The two confirmed cases were both in their 60's, one male, one female, and from different counties, Graves and Nelson.

In 2001, only two case reports met case definition with proper laboratory confirmation, and 11 case reports were considered probable. The lack of a convalescent titer is the primary reason more cases are not confirmed.

All but one case was over 30 years of age in the 11 probable cases. They came from ten different counties scattered between the Purchase, Pennyrile, Green River, Barren River, Lincoln Trail, Lake Cumberland and Bluegrass Districts.